



Sizes: S[M,L]
Measurements: 6[7,8]" circumference relaxed at foot and leg, the foot length is customizable.
Gauge: 32 sts = 4" (10cm) in stockinette
Yarn: Fingering Weight approx. 400 yards
Needles: One set of 5 US 1.5 (2.5 mm) DPN's or size to obtain gauge
Additional Materials: Stitch Markers, Tapestry Needle, Cable Needle (CN)

INSTRUCTIONS

Cuff

Cast on 56[64, 72] sts.
Place 14[16, 18] sts on needle 1, 14[16, 18] sts on needle 2, 14[16, 18] sts on needle 3, and 14[16, 18] sts on needle 4

Join to work in the round, mark the beginning of the round.

Rounds 1 & 3: (p1, k2, p1, k1, p1, k2,) 7[8, 9] times

Round 2: (p1, Right Twist, p1, k1, p1, Left Twist) 7[8, 9] times

Round 4: (p1, Left Twist, p1, k1, p1, Right Twist) 7[8, 9] times

Work rounds 1-4 three times each.

Work 4 rounds in garter stitch.

ABBREVIATIONS

K - knit
P - purl

Left Twist - sl1 to CN, hold in front. k1, k1 from CN

Right Twist - sl 1 to CN and hold in back, k1, k1 from CN

Garter stitch
Round 1: Knit
Round 2: Purl

Cuff Chart

	8	7	6	5	4	3	2	1	
4	Right Twist	Left Twist	Purl		Purl	Right Twist	Left Twist	Purl	4
3			Purl		Purl			Purl	3
2	Right Twist	Left Twist	Purl		Purl	Right Twist	Left Twist	Purl	2
1			Purl		Purl			Purl	1

Legend:
 ● Purl
 □ Knit
 ⊗ Right Twist
 ⊘ Left Twist